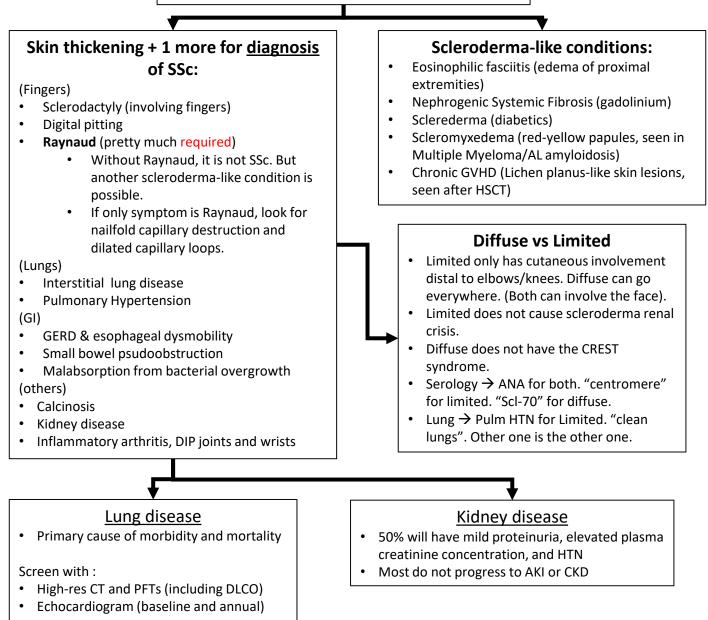
Systemic Sclerosis (SSc)

Clinical Hallmarks → skin thickening



<u>Treatment</u>

- Treat organ specific manifestations. No overall disease modifying agent.
- Raynauds → amlodipine, sildenafil, nitroglycerin paste
- Alveolitis/ILD \rightarrow mycophenolate (1st line). Otherwise, cyclophosphamide.
- GI / motility \rightarrow PPI for GERD; promotility agents (metoclopramide)
- Bacterial overgrowth \rightarrow broad spectrum antibiotics
- Renal crisis → ACE-I. Only if suspecting renal crisis. Continue even with renal failure. Avoid primary prevention → ace-I may precipitate renal crisis.
- AVOID glucocorticoids. Can precipitate normotensive renal crisis (AKI without HTN).

Garg's Simple Medicine 10/05/2019